

If you are lucky enough to have found your way to Selasie, trust that she is with you to help guide you and your new baby into finding a gentle rhythm of life outside the womb together. Whether this is your first baby or not, Selasie helps to set a working and structured schedule that makes life a bit more predictable for your family, but most importantly, for your baby. As new parents, nothing can prepare you for hundreds of questions and doubts that come along with your new baby. The intensity of the lack of sleep alongside the anxiety of whether you are “doing it right” depletes even the most rational of individuals of their patience. To me, this is where Selasie was the most valuable. Her natural and intuitive abilities along with her faith always offered strong arms to walk into. Working with Selasie is like having an experienced mother next to you helping you to cue into the cries, movements, and expressions that are unique to an infant.

Selasie is someone that remains within you long after she has left your home. She came to us after we had experienced the loss of our first child within the same year that we welcomed our second via surrogate. He came with his own challenges and needed a feeding tube for a week of his life. Selasie, though, saw his strength and was determined to get him to eat from the bottle. And he did! My husband and I would be so exhausted and concerned until Selasie arrived. When she walked through the door, she was the ONLY person I felt I could trust with the life of our son.

All of this goes to say that if Selasie crosses your path, have faith that she is there to work with you. She is vibrant, responsible, creative, resourceful, and dedicated to her practice. She genuinely cares and that care goes directly into the success of raising a loved and loving little person as well as the ability to thrive as a new parent.

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