

To whom it may concern,

Selasie was a night nurse to our infant, Graham, for ~6 weeks starting shortly after he was born and we would wholeheartedly recommend her to anyone who is looking for her to serve in a similar role.

When she first started, Selasie came with a detailed set of questions to be sure she understood our preferences as parents. In areas where we were less sure or didn't have a preference, she was knowledgeable and comfortable making one.

Some examples of where she shared helpful suggestions throughout our time together included how to address persistent diaper rash and night gas. The balance she struck in this area was, in our opinion, perfect.

Each night she was here, Selasie would look at Grahams feedings for the day in a shared app to understand how much he was likely to eat overnight and when. Each morning, we would wake up to detailed notes from that night with Grahams activity and any relevant suggestions from Selasie. Furthermore, over the course of the 6 weeks, Selasie was able to stretch out Graham's feedings so he was sleeping from bedtime until around 5 am in the morning, which set us up incredibly well for him to fully sleep through the night by week 7.

Again, we cannot recommend Selasie enough. If you have any further questions, feel free to reach out.

All the best,
Colin and Claire L. 