

Letter of Recommendation for Selasie from Amy G. (mom to twins):

Selasie came to us as we were very tired parents. We connected immediately and felt such relief the minute she came and we knew our daughters were in capable and loving hands at night. Selasie always made it a point to tell us to get to bed and not to worry which was incredibly reassuring.

One thing that really stood out to me was how Selasie always ensured the girls were fed and happy before she left in the morning as she knew it was chaotic with my older toddler as well. In the beginning, our nights were a little chaotic as well, so as the twins got older and gained more weight, Selasie helped us develop a better daytime schedule so that we could get longer stretches at night, and it worked!

Selasie helped us implement a bedtime and nap routine and it really made all the difference and continues to as they are now 5 months old and sleeping through the night. She took care of them with ease and her experience truly showed. She was always open and easy to communicate with if we ever had any concerns. Our twins also had GI and a cows milk protein allergy that we were trying to navigate and Selasie was so incredibly helpful in helping us troubleshoot and navigate these issues as we worked with our doctors.

Selasie has felt like family since the beginning and even though our twins are successfully sleeping all night, we wish we could have Selasie continue with us just for her presence and warm heart with us and our children. We are truly blessed to have Selasie in our lives and I could not recommend her enough for any new parents.